

committee debrief

pillars

discovery

outreach

collaboration

action

PILLARS OUTREACH

"BUILDING BRIDGES BEYOND OUR BORDERS"

- Establishing formal relationships
- Seeking, funding, resource-sharing opportunities, and service coordination
- Working with local and state-level entities to align university efforts with larger initiatives

PILLARS DISCOVERY

"UNDERSTAND BEFORE WE ACT"

- Gathering Data from Peer-Reviewed Sources
- Defining Food Insecurity with Clarity and Specificity
- Creating an Accessible Packet/Report to Present University Leadership

PILLARS ACTION

"ACTING WITH PURPOSE"

- Developing structured volunteer programs that connect students with food insecurity initiatives
- Mobilizing students to assist in food distribution, awareness campaigns, and education
- Helping with Campus Events (food drives, awareness weeks, etc.) to engage the broader student body

PILLARS COLLABORATION

"UNITE OUR PACK"

- Working with Internal Organizations (Pack Provisions, Counseling Services, etc.)
- Working with Government Affairs to monitor legislation related to hunger, SNAP, student welfare, etc.
- Supporting and enhancing existing programs
- Elevating visibility and accessibility of resources for students in need
- Regular interdepartmental check-ins to ensure sustained communication and alignment

COMMITTEE GOALS - DISCOVERY

Analyzed National Food Insecurity Data

Spring 2024 Food Housing & Financial Security Biennial Survey

- 2026 Releasing, AB345, Data on Multiple Demographics

Fall 2023 Student Financial Wellness Survey

Six-Item Short 2024, USDA Food Insecurity Survey

- Major Standard for Civic Engagement Surveys

U.S. Household Food Security Survey Module: Six-Item Short Form Economic Research Service, USDA May 2024

Revision Notes: The food security questions in the 6-item module are essentially unchanged from those in the original module first implemented in 1995 and described previously in this document.

May 2024:

- Revised to correct a typo in AD3.

September 2012:

- Added coding specification for “How many days” for 30-day version of AD1a.

July 2008:

- Wording of resource constraint in AD2 was corrected to, “...because there wasn’t enough money for food” to be consistent with the intention of the September 2006 revision.

January 2008:

- Corrected user notes for coding AD1a.

September 2006:

- Minor changes were introduced to standardize wording of the resource constraint in most questions to read, “...because there wasn’t enough money for food.”
- Question numbers were changed to be consistent with those in the revised Household Food Security Survey Module.
- User notes following the questionnaire were revised to be consistent with current practice and with new labels for ranges of food security and food insecurity introduced by USDA in 2006.



Q77-Q78: INDICATORS OF FOOD INSECURITY (IN THE LAST 30 DAYS)				
	Often	Sometimes	Never true	I don't know
The food that I bought just didn't last and I didn't have money to get more.	10%	28%	55%	7%
I couldn't afford to eat balanced meals.	16%	28%	50%	7%

Q79, Q81-Q82: INDICATORS OF FOOD INSECURITY (IN THE LAST 30 DAYS)			
	Yes	No	I don't know
Did you ever cut the size of your meals or skip meals because there wasn't enough money for food?	35%	60%	5%
Did you ever eat less than you felt you should because there wasn't enough money for food?	34%	61%	6%
Were you ever hungry but didn't eat because there wasn't enough food?	27%	68%	5%

Survey Overview

The Student Financial Wellness Survey (SFWS) provides a snapshot of student wellbeing during the fall of 2023. Over 700,000 students were surveyed from 142 schools in 25 states, and 62,367 undergraduate students responded. The findings highlighted in this report aim to elevate the lived experiences of these students and provide policymakers and institutional leaders with the necessary data to support these students to reach their academic potential. Throughout 2024, Trellis plans to release follow-up publications, including briefs and white papers, to further explore a variety of topics. This includes key insights related to intersectionality, two-year vs. four-year institutions, and specific student personas.

SURVEY METRICS Fall 2023 SFWS Undergraduate Cohort			
	Two-year Institutions	Four-year Institutions	Total
Survey Population	406,038 students	301,375 students	707,413 students
Responses	33,044 students	29,323 students	62,367 students
Response Rate	8.1%	9.7%	8.8%
Completion Rate	81%	83%	82%
Median Time Spent	15 minutes	14 minutes	14 minutes

Student Wellbeing

- Seventy-one percent of all respondents had experienced financial challenges or difficulties while in college. This economic vulnerability translated into financial anxieties, with 53 percent of students indicating they worried about current monthly expenses, and 61 percent expressing the same concerns over having enough money to pay for school.
- Physiological needs, such as food, water, and stable shelter, along with safety needs, like financial security and mental wellness, are fundamental to maintaining academic motivation and personal wellbeing while in college. Unfortunately, basic needs insecurities are relatively common in postsecondary settings. Forty-five percent of surveyed students reported food insecurity, 42 percent were contending with housing insecurity, and 14 percent had been homeless in the prior year or since starting college.
- Mental wellness, another fundamental basic need, is pivotal to student success. In the 14 days leading up to the survey, nearly a third (32 percent) had experienced symptoms of major depressive disorder, and 43 percent reported anxiety through their responses.

Students were asked if they struggled to get enough food with reference to childhood and if they have struggled throughout their time in college. Although chronic rates are lower in 2024 than previous years, chronic food insecurity in college was still an experience for almost half the student-body who took the survey. Moreover, 61% of students who have been food insecure since childhood continue to struggle with access to food as college students. Childhood food insecurity was by far the largest predictor of college food insecurity in the survey (Table 4).

Table 5: 30-Day Food Insecurity by College (2024)

	Food Secure (low)	Food Insecure (medium)	Very Food Insecure (high)
Business	48%	23%	29%
	206	99	123
CABNR	35%	30%	35%
	81	70	81
Education	45%	25%	30%
	116	65	77
Engineering	44%	27%	29%
	221	138	145
Health Sciences	42%	25%	33%
	207	120	163
Interdisciplinary	49%	27%	24%
	61	33	30
Journalism	37%	32%	31%
	23	20	19
Liberal Arts	38%	30%	33%
	165	128	141
Nondegree	50%	24%	26%
	48	23	25
Nursing	55%	18%	27%
	51	17	25
Science	42%	26%	33%
	234	144	183
UNRMed	65%	23%	12%
	77	27	14
Total	44%	26%	30%
	1,510	900	1,047

Feeling Overwhelmed by Debt

About 34% of students feel overwhelmed by their total amount of debt, which includes college related debt, credit card, car loans, etc. This is 6% higher than it was in 2022. Likewise, the percent of students who do not feel overwhelmed (29% v. 32%) or who do not have debt (37% v. 40%) have decreased since 2022. See Figure 2.

Figure 2: Feeling overwhelmed by debt increased from 2022 to 2024

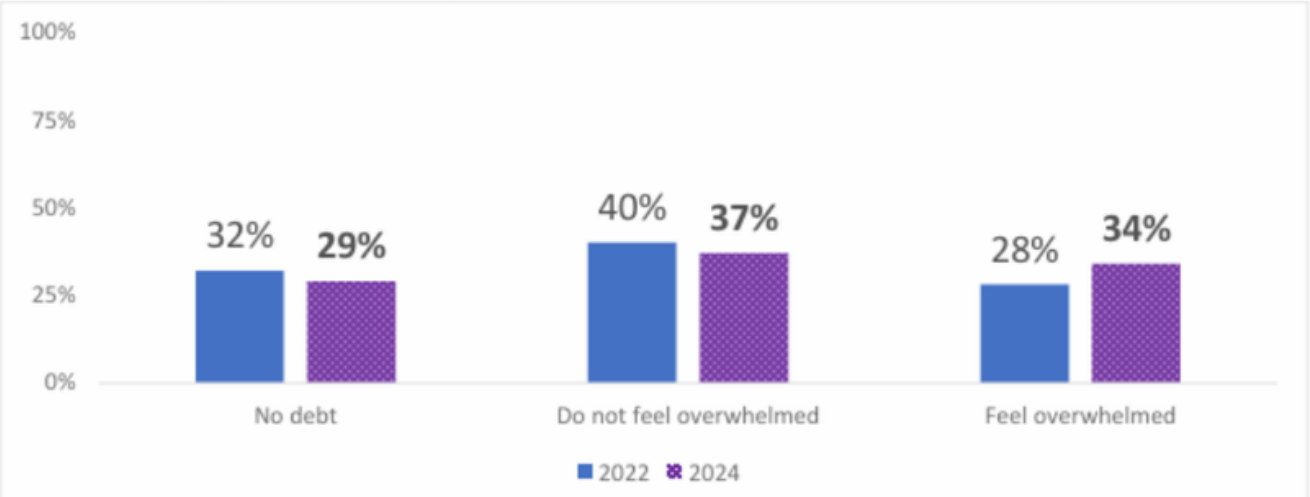


Figure 3: Spring Term GPAs were lower for undergraduates who were food or housing insecure



COMMITTEE GOALS - COLLABORATION

Assisted Pack Provisions & Developed Int. Relations

Tailgate Food Drives, Clothing Drives

- Developed relations w/ Athletics

Promoting Volunteer Hours

Meal-swipe Food Drives

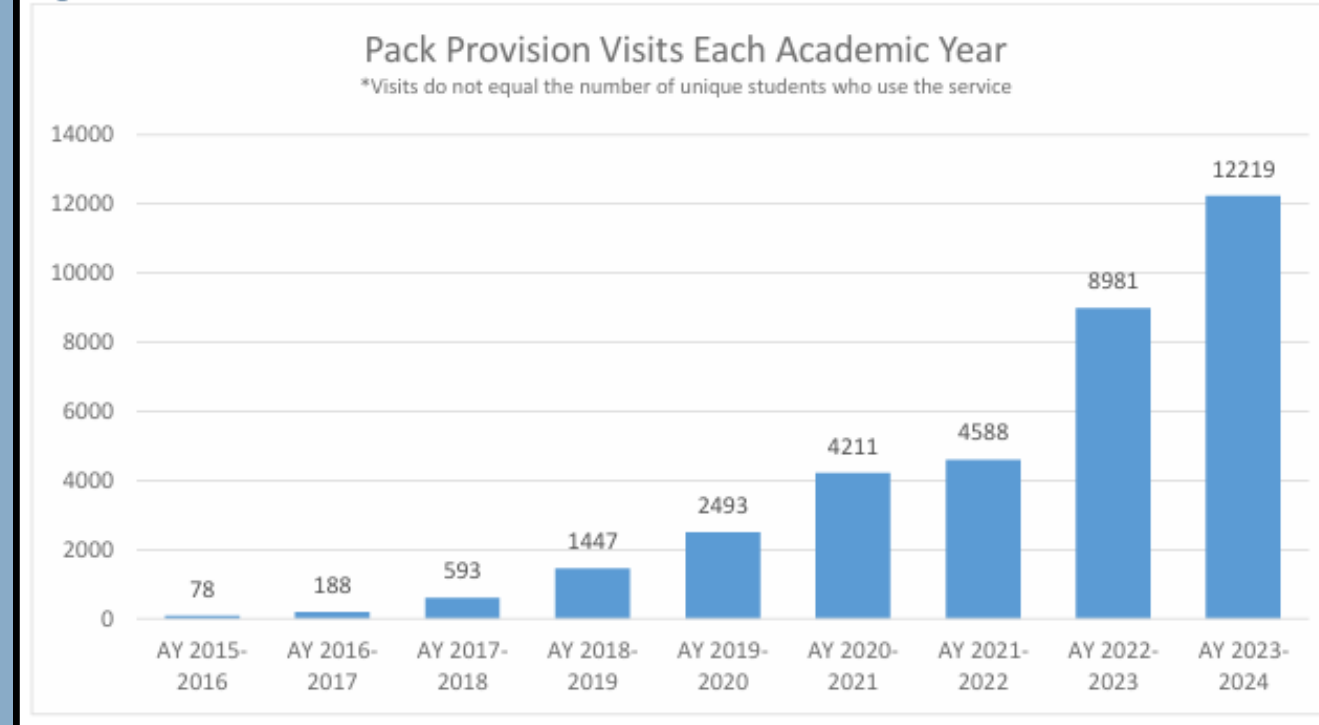
- SNAP-ED Shutdown, Swipe Drive Extended
- Intern Idea: Community Centered Donation Swipe Machine

Spread Awareness: Oct. 25' Gov. Shutdown

- “SNAP” Assistance Cards handed out during Shutdown
- Contact w/ student clubs & Leadership Goals: YDSA



Figure 1. Pack Provisions Visits from Academic Year 2015-16 to 2023-24



Card Swipe

- Student swipes ID at the counter using a USB card reader.
 - The reader types the ID directly into Excel.
2. **Logging**
- Each swipe is logged in Excel (SwipeLog) with:
 - Student ID
 - Date & time
 - Week number
 - Swipe type: **TAKE** (meal) or **DONATE** (add to pool)
3. **Weekly Limit Enforcement**
- Each student can only take up to 3 meals per week.
 - Excel counts weekly TAKE swipes per student.
 - Status shows **OK** if under the limit, or **OVER LIMIT** if reached 3.
4. **Donation Feature**
- Donations increase the meal bank pool.
 - No limit on donations — pool can grow infinitely.
 - Meals taken draw from the bank pool, but students cannot exceed their 3-meal limit.
5. **Operator Dashboard**
- Shows student ID, weekly TAKE count, and status.
 - Color-coded:
 - Green = OK (allowed to take a meal)
 - Red = OVER LIMIT (already took 3 meals)
 - Blue = DONATED (a donation swipe just processed)
 - Operator sees everything live and can manage meals efficiently.

COMMITTEE GOALS - ACTION

Built External Prescence

Developing Partnership w/ FISH

- Possible Opportunity Arising

Reaching out to NV. Assembly-members & State Senators

- Zoom calls, Tours of Facilities, Meetings w/ Gov. Relations

SPRING 2025 NEWSLETTER

FRIENDS IN SERVICE HELPING

Revitalizing our community since 1979

Our mission: Providing access to Food, Instruction, Shelter, and Healthcare to community members in need, so that they may improve their self-sufficiency through life-changing experiences.

Thank you for being part of our vision

BECAUSE OF THE HEART AND GENEROSITY OF OUR AMAZING DONORS FISH is able to **serve those in greatest need** and **empower those choosing lasting impact.** Together we are building a thriving community.

Recent happenings at FISH

READY TO GET INVOLVED? CONTACT US TODAY!

What's Inside

Executive Director Update

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Holiday Impact at a Glance

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Ross Clinic Update

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Building Skills Building Stability

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Spring Clean for FISH Empty Bowls Event

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Sponsorship Opportunities

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Assembly Member (R) Alexis Hansen

Legislation Sponsored:

- SB224 (2025): Revises Provisions relating to education
 - K-12 reform bill; converts public schools who rank last consecutively state-wide into charter schools

Legislation Co-Sponsored:

- SCR4 (2025): Develops "Financial Literacy Month"
- AB260 (2025): Revisions related to Abortion
- AB300 (2025): Funding for construction of Veterans Community Center in Virginia City
- AB159 (2025): Establishes Governor's Advisory Council on Food Insecurity
 - Provide recommendations to the governor and legislature on policy and programs to improve food security in Nevada
- AB224 (2025): Provides for the issuance of bonds to assist certain school districts in financing capital improvements
 - Issued State of Nevada bonds of up to \$100 million to assist School Districts
- SJR10 (2025): Initiative to reconsider psychedelic drugs and consider benefits for medical therapy
- AB289 (2025): Revises provisions relating to education

Term Ends: 2026

District No. 32, Washoe, Elko, etc.

Vice President, Sparks Republican Women, 2014

Graduated from UNR

Assembly Member (D) Sandra Jauregui

Legislation Sponsored:

- SJR7 (2023): Establishes rights related to reproductive health in NV constitution
 - Regards Roe V. Wade
- AJR10 (2025): Urges the Federal Government to release federally managed land in Nevada for housing
- AB241 (2025): Revises provisions relating to housing
 - Expands affordable and multifamily housing options by changing zoning and land use regulations
- SB271 (2025):
 - Appropriates \$12 million to fund a nurse apprentice program through Nevada Division of Public and Behavioral Health
- AB412 (2025): Revises provisions relating to emergency response in schools
 - Funds law enforcement agencies for procuring digital school mapping data for emergency response
- AB411 (2025): Revises provisions relating to prescription drugs
 - For certain drugs used for medical abortion, the label on the medication bottle or package can show the name of the clinic, hospital, or health care practice instead of the individual doctor or nurse

Legislation Co-Sponsored:

- SCR4 (2025): Develops "Financial Literacy Month"
- SB262 (2025): Revises provisions relating to graduate medical education
- AB383 (2023): Revises provisions relating to health care

Term Ends: 2026

District No. 41, Clark County

Assembly Floor Leader

Graduated from Michigan Technological University

Assembly Member and State Senator "Liaison" Sheet

Saporito	Atkinson	Barrus	Debarger	Issa	Villa	Radke
(AM) Alexis Hansen	(AM) Sandra Jauregui	(AM) Steve Yeager	(AM) Natha Anderson	(AM) Selena La Rue Hatch	(AM) Jovanotti Jackson	(NV.S) Roberta Lange
(AM) Daniele Monroe Moreno	(AM) Erica Roth	(AM) Jill Dickman	(AM) Tanya Flanagan	(AM) Erica Mosca	(AM) Heidi Kasama	(NV.S) Edgar Flores
(AM) Heather Goulding	(AM) Duy Nguyen	(AM) Gregory Hafen	(AM) Reuben D'Silva	(AM) P.K. O'Neil	(AM) Rich Delong	(NV.S) Ira Hansen
(NV.S) Angela Taylor	(AM) Rebecca Edgeworth	(NV.S) Melanie Scheible	(NV.S) Julie Pazina	(NV.S) Cruz Crawford		
	(NV.S) Nicole Cannizzaro					

Gov. Affairs Advice:

Assembly Member Erica Roth, as well as State Senators Cruz, Crawford, Taylor, Nguven

COMMITTEE GOALS - OUTREACH

Connected w/ Student Body

Hosted Farmer's Market for the Student Body

- Spread Awareness of Facilities & ASUN
- Used Vacant-Seat Summer Stipends for Budget

EVENT INFORMATION:

Event Name:	Farmers Market	Date:	3/13/26
Event Locations:	KC Lawn, DMSC, Nye Circle	Time:	2 hrs
Expected Attendance:		Cost Per Student:	\$0.00

Max PCard: \$1,999.99 for Card

Alexander: 1.9k Pcard (1.8k = max w. 10% Miscellaneous)

DO EMS w/ places

Email Tony/talk tony - Pack provisions fliers, bella advocate, NVDining panflets

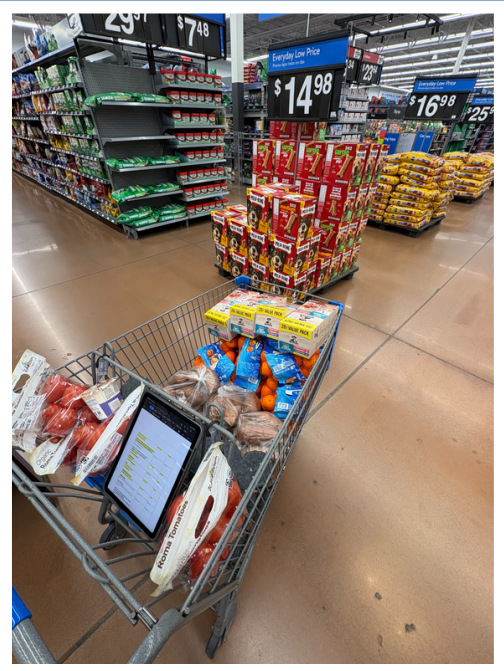
Vendors? Cards/Discounts? Campus Dining Pasta Dish/Info on how to cook

March 13th, Farmers Market:

Can we store in pack provisions fridge?
Grab hour before office closes (accounting office hours and San club & walmart) Go in morning grab more stuff & give to office

BUDGET INFORMATION: Please itemize your ENTIRE event budget below:

DESCRIPTION:	AMOUNT:	VENDOR:
Bananas \$1.47 x 27	\$39.69	Sam's club https://www.samsclub.com/ip/Bananas-3-lbs/18638953319
Apple \$5.78 x 21	\$121.38	Sam's club https://www.samsclub.com/ip/Envy-Apples-4-lbs/13585869052



COMMITTEE GOALS - 94TH SESSION

- Foster Stronger Bonds w/ Internal Organizations
 - Dep. of Sustain, Wellness, & Gov. Affairs
 - Pack Rides planning to make routes for Riverside Farmers Market ~ October
 - Nevada Dining – Tabling & Donations
- Cont. Spreading Awareness of Pack Provisions
 - Volunteer Hours, Donations, Swipe Drives
 - (2018 NV Credit Union - \$5k)
- Cont. Advocacy via NV. Legislature
 - (Asm. + State Sen.)
- Reach out to Further Ext. Organizations
 - FISH Trading Talks
 - DFI Tour

COMMITTEE GOALS - 94TH SESSION

- Sierra Hall Migration/Expansion
 - Blueprints, photos, videos, emails, etc.
 - Multiple Design “Stages;” Univ. Leadership Int.
- Homecoming Food Insecurity Fundraising Event
 - Fraternities, Sororities, UNR Clubs
- Conduct Percentage Nights
 - ASUN-Centered, Interns Welcome!

