

Special Committee on Safety, Sustainability and Wellness

Senate of the Associated Students 84th Session

Minutes for Wednesday, September 21st, 2016, at 3:00 p.m.

1664 N. Virginia St. Reno, NV 89503, Keyser Conference Room 404, 4th Floor
of the Mathewson-IGT Knowledge Center

1. CALL MEETING TO ORDER

Senator Blair called the meeting to order at 3:10 PM in the Keyser Conference Room 404, 4th Floor of the Mathewson-IGT Knowledge Center.

2. ROLL CALL

Senators Barragan, Blair, Bradley, Crooks, Duvall, Jordan and Macaballug were present.

A quorum was present.

3. PUBLIC COMMENT

There was no public comment at this time.

4. MINUTES

There were no minutes seeking approval at this time.

5. OLD BUSINESS

a. Senator Reports

Senator Duvall said she and Jacob Boulton will have a meeting out his work last year with Sound and Lights so she will tell the committee how that goes later on.

Senator Jordan said that he emailed Dr. Fitzsimmons from the Fitness Center but he hasn't answered as of now.

Senator Bradley said she is working with CABNR on a town hall and she has made a Facebook event and invitations and she and Senator Blair are working on sending it out over the list serve.

Senator Barragan said he was preparing a presentation about the pros and cons of SLUR here in Nevada that he will bring up to the other senators next week when he presents it. They can decide what to do with it in this committee first that way they have a concrete resolution.

Posted at the ASUN Offices in the Joe Crowley Student Union,
Frandsen Humanities Building,
Mathewson- IGT Knowledge Center, and online at
www.nevadaasun.com.

If you would like a copy of any of the agenda items listed, please contact
Senator Blair at SenatorBlair@asun.unr.edu.



Senator Bradley said she also wanted to add a report about Public Lands Day. Speaker Pro-Tempore H. Jackson is giving her a contact at BLM. She will get in contact with them so that they don't do the same thing on the same day and they can work together.

Senator Blair said she has been working on collecting a list of different clubs that pertain to the committee of Safety, Sustainability and Wellness. She is putting them into different categories. She thinks they should have wellness and safety events so that they can bring in people from all different parts of campus such as Students Who Abolish Sex Slavery, Ecohydrolic Club, etc. She will send out those emails later.

Senator Duvall was talking to Ryan Baldwin so she can send his contact information.

Senator Blair said that she has his contact information. She has not contacted him yet though.

6. NEW BUSINESS

a. Discussion of Monthly Wellness Events

Senator Blair said that as a board, they should have more events either once a month or three times a semester.

Senator Barragan said he thinks they should not do one wellness event every month unless they are very well planned. It would be overkill to do any more than that and it is better to have a few good events than many subpar ones.

Senator Jordan said that he thinks they should have one every trimester. Right now, one event has already passed so they should have maybe two more.

Senator Blair asked for any ideas especially for this coming semester.

Senator Crooks said that if they did three events, each could be focused on one of the three aspects of Safety, Sustainability and Wellness. That way would make it so that they wouldn't have to try to incorporate all three events at once.

Senator Blair asked which aspect they should start with so that they can get the ball rolling.

Senator Crooks said she is leaning towards Wellness. It is the beginning of the semester and people are getting stressed, It would be good to show the incoming freshman that they cater to not just fun things but also mental and physical wellness.

Senator Jordan said he thought they should do a mental and physical event first because they are going into flu season and they could work with the health center to try to plan an event to show people what is available to them through the center. As far as

Wellness, they can always get in contact with Counseling Services to promote all the different facets of wellness with an event with them as well.

Senator Blair asked if the event should be one day or a couple of days long.

Senator Duvall said she thought one day would be better because it is easier to plan it for one day and they could have volunteers work at it.

Senator Blair said she believed that the Health Center did a tabling a couple of days ago to talk to students about getting simple checkups done. They could still contact them though and see if they could get the flu shots for students and maybe they could possibly connect with RHA. She asked if anyone wants to do take that on. They can talk with RHA to make sure it is a bigger event and they can have more freshman come out.

Senator Bradley and Senator Macaballug said they will take it.

Senator Jordan said he is taking to RHA right now. They will ask the committee when, where, and how the event will happen.

Senator Blair said that if they want two more events before the next semester they should start in early October. They could do it towards the end of November going into finals so that they can prepare people, especially freshman, for their exams. They could do it towards the beginning or the end of the week.

Senator Barragan said a Thursday would be good.

Senator Blair said they could look at October 6th, 13th or the 20th That is getting closer to the end of the month though.

Senator Jordan said he thinks they should do it the first week in October.

Senator Bradley said that was only two weeks away.

Senator Blair asked if that was enough time.

Senator Macaballug said RHA wouldn't appreciate only a two week warning.

Senator Jordan asked if they could do it in a month. He thought the 28th might be good.

Senator Crooks said that week is Homecoming. She said they could maybe do it on the 27th so that they don't get over-shown by Homecoming events.

Senator Macaballug said that some people might leave town on the 27th because there will be no school.

Senator Blair asked if October 13th would work but they wouldn't be able to work with RHA. When they have an event in November, they can really hit them up. The freshman will also be going into their finals.

Senator Crooks asked if Inkblot would be able to make materials for the event.

Senator Blair said it is too close to the day of the event. They'll have to set up a meeting with them so they will look into doing that in November.

Senator Barragan said they could try to talk to Director More. He is planning on talking to her right after the meeting.

Senator Blair asked Senator Barragan if he wanted to take over talking to Inkblot.

Senator Barragan said he would ask if they can get something done by the 13th.

Senator Crooks said if not, there are many people who do graphics at the Journalism School so it probably wouldn't be hard to find someone to help.

Senator Barragan said he is talking with Director Moore later today about WTF Nevada but he will also bring this issue up. Speaking to Senator Crooks, he asked what she wants him to send her an email of what Director Moore said so that she knows whether or not to find someone in the Journalism School.

Senator Blair said they are looking at October 13th and they will start setting up marketing for the event. She asked where they want to do it and what type of event do they want to do.

Senator Duvall asked if they will be doing free flu shots.

Senator Blair said she doesn't know if they can do that or if they can only table to get people to go to the Health Center to get them. Either way, they would have to contact the Health Center first.

Senator Barragan said they have a date and they know they have to market it but he wants to know exactly what they need to do. He can't go up to Director Moore and say they have a date for an event but they don't know anything else about it.

Senator Blair said that they just want to get people prepared for flu season, encourage them to sleep more and to go to counseling and also have the officials get to know the students a little better so that they are more comfortable going to them.

Senator Crooks said since the event is about awareness, it should be located somewhere closer to the Joe because that is a place where a lot of students walk through. They

could have stickers or things that the students can take pictures with so that it is more interactive. If someone just told her there were flu shots at the Health Center, she wouldn't think about it again afterwards because that is the end of the interaction.

Senator Blair said that if they are able to give flu shots, they can do it at the Knowledge Center Rotunda because they do medical procedures there already. If they can't do that, then they can direct people to the rotunda for more information. That also has a high traffic zone.

Senator Bradley said that when she went to the Pride Parade, they had stickers that said "Immunizations are cool" or "I'm immunized" so they can reach out to that club. Also, the Health Center has their own tables and they have a tent where they give out cool stress balls. They can ask different clubs if they want to morph all of their events into one event. A lot of the clubs have these goals that are on campus.

Senator Crooks asked if everyone was in favor of doing the flu shots.

Senator Barragan said that although it was a great idea to get people immunized, if they can't get the Health Center to come out to give shots, they could, at the very least, have a booth there. During Wellness Week they had a stress free zone and the timeframe that they are talking about it around midterm season so he believes that only a very few number of people can be convinced to take time out of their day to get a shot. That is even if they have people there. He feels that they would have a larger impact to have a mental wellness zone.

Senator Macaballug said they should focus on physical and mental wellness because that is midterms. Freshman will be starting to gain the Freshman Fifteen so they should focus on that now. The flu shots should be a separate event.

Senator Crooks said that when she is walking to class, she doesn't want to interact with people so it is better to interact with more people by doing something easier. They could do flu packs or a flu bar that has the ASUN logo on it. It could have cough drops, tissues and emergency things in it. They are already accepting the fact that they will get sick so it would benefit them to give things that will help after they get sick.

Senator Blair said she thought that was the best solution.

Senator Barragan said if they make goody bags, they could put a flyer that tells people they can get a flu shot at the health center. If a student is given a paper they are just going to throw it away but if you sneak it in with a bunch of goodies, they will be going through everything in the bag and see the paper.

Senator Macaballug said they can also put in the opening day of the gym and the number for the counseling center.

Senator Blair said it sounded like they are going to be creating flu goody bags that will have basic things that people need when they get sick as well as information for different services on campus. They could also be doing an event where they ask other clubs to come out where they will have cool prizes and a picture booth that has a catch phrase like "I'm going to be healthy this semester!"

Senator Macaballug asked if they are for sure doing booths and goodie bags.

Senator Bradley asked if the plan is to invite clubs that are wellness based to table that day and then the committee will make the flu packs.

Senator Blair said yes. She likes the idea of having a "stress free" zone. They just had a DogFest but she thinks they could maybe open up the rotunda with dogs from the Humane Society so that people can have that as the stress free zone where people can relax. They can encourage people to go to other booths at that time as well.

Senator Barragan said that they will be giving goodie bags and creating a stress free zone. He remembered going to an event where there were a bunch of puppies. They are one of the most enjoyable things and he is willing to take five minutes out of his day to play with a bunch of puppies. He asked if that would be through the Humane Society.

Senator Blair said yes, as long as they can get ahold of them. They could do another place as long as it is an official organization. It gets too complicated to have people try to bring in their own animals.

Senator Duvall said the puppies were Delta Gamma's idea called "Smooch a Pooch". They could see where they got theirs from. She also wanted to know if they decided on getting flu shots distributed through the Health Center.

Senator Blair said they are scratching the idea of doing the flu shots at the event but they will still see what the Health Center's capacity is for doing flu shots at their location. They need to ask them how they want the committee to tell people about it. She asked if Senator Duvall would want to contact them about it.

Senator Duvall said yes.

Senator Macaballug said he wondered if the other group would be okay with them doing the same thing with the puppies.

Senator Bradley said they need to get in touch with Counseling Services because they do the same things in the Knowledge Center walkway. They do it already so maybe they can contact them to add their event to one of those days and make it one big thing. They could also ask Counseling Services when they are bringing the dogs because they

bring them quite a bit so they have the contacts and means to do that without the committee having to reinvent the process for their own event.

Senator Blair said that would mean they probably wouldn't be able to do the event October 13th. They could plan around Counseling Service's calendar or they could see if they would want to do something on October 13th.

Senator Barragan said he thought they should ask them to do it on October 13th.

Senator Blair asked Senator Barragan to still talk to Inkblot today and tell them the committee is still planning on doing it October 13th.

Senator Barragan said he will see if they can even do anything by then and he will tell them what they have planned so far. From there, they can figure out branding a name for the event and go from there.

Senator Macaballug asked if they want to set a time for it or wait until they have more information.

Senator Blair said they should wait until they have more information from Counseling Services but they should decide on a time by next week at the latest. They need to know that information if they want to talk to clubs or other organizations about the event.

Senator Crooks asked for the budget.

Senator Blair said they would have to talk to the Budget and Finance committee about what they need to do to get funding for tabling.

Senator Barragan said he would look check the budget on his phone right now.

Senator Blair said she would talk to Speaker Tiexiera after the meeting as well.

Senator Bradley said they can talk to Dr. Beattie about how they can get funds. They are the ones who allocate the funds but she wonders how they actually get them.

Senator Barragan asked if they could do it through the Programming committee because they have a budget and they have some money left over from BLF that was already allocated.

Senator Blair said she thinks they would have to write a bill to reallocate that money. They could do that but they just need to make sure everything this week is concrete so that they can decide on the bill next week and submit it.

Senator Jordan asked where the other committees get their funding.

Senator Bradley said they would have to ask Dr. Beattie.

Senator Blair said she will talk to Dr. Beattie to see where all of their money comes from.

Senator Macaballug said that October 13th is also the Internship Fair at the Joe. He asked if they could possibly do the event at the Joe also so that all of the people going to the Fair will have to go through them.

Senator Blair said she thought they could do it at the Knowledge Center through to the rotunda as well as outside so that they take over that whole strip. They could also do it inside if the weather is bad.

Senator Barragan asked how cold it would be on October 13th.

Senator Blair said it could be in the 70's or it could be snowing. There is no way to know for sure right now. They will just have to be flexible. It is easier to move from the inside to outside so they should plan inside first and if it is a nice day, they can do events outside as well or direct people inside. Right now, they have what they want in mind, it is just a matter of delegating who will be doing what so that they can start getting things solidified. They need someone to talk to the Health Center, Counseling Services and RHA.

Senator Jordan said that he will talk to the Health Center.

Senator Bradley said that she will talk to Counseling Services.

Senator Macaballug said he would talk to RHA to let them know about the event. He wanted to know what he needed to say to them because he doesn't think they even need to involve them.

Senator Blair said he just needs to give them some information to direct residents to the event.

Senator Bradley said they could talk to the RHA Outreach Board because they do similar events so they can talk to them.

Senator Macabullug said if they want to get posters for the event, they just need to get them approved.

Senator Blair said that would be great. That would depend on Inkblot and if they could get those done before anything else. She asked if Senator Macaballug would talk to RHA to set everything up so that they are ready to go once they have an idea from Inkblot.

Senator Jordan said they should have someone in charge of contacting any relevant club that might want to table.

Senator Blair said she would contact all of the relevant clubs because she was already going to contact those on her list of clubs.

Senator Barragan said that he would contact Inkblot.

Senator Duvall said that she could be in charge of looking up items for the goodie bags. She said she found a bulk supply of 600 cough drops for \$30, 312 tea bags for \$10 and cheap medical masks, all on Amazon. She asked for any other ideas of things to go inside the bags.

Senator Bradley said hand sanitizers.

Senator Crooks said she would never wear medical masks.

Senator Blair said Senator Duvall doesn't need to look up the medical masks.

Senator Duvall said they are cheap.

Senator Blair said that if the Health Center had an extra box they wanted to donate, that would work but they don't need to pay for them when most people wouldn't use them. People might use them as jokes with their friends than for a serious issue.

Senator Macabullug asked if they can give cough drops because they are something that would be consumed.

Senator Blair said she thinks it would be ok if it was a brand like Ricola.

Senator Barragan said it would be fine as long as they didn't have any crazy active ingredients. Some cough drops have Benzocaine in them which numbs the throat and some have DXM which you are not supposed to give to people.

Senator Bradley said that the Health Center already has a lot of those things so maybe Senator Jordan can ask them what they want to donate to the event to try to cut costs. The Joe also has cool stuff all the time such as hand sanitizers and lip balms that say "Get It at the Joe". If they don't have to spend money and get things donated from other places on campus that would be the best because those places are already allocated money so why not use them?

Senator Crooks said that at the next meeting everyone should come with names for the event or they should have it solidified on Facebook by then.

Senator Macaballug asked if they wanted to get any off campus people involved like UNRPD or the paramedics.

Senator Barragan asked if UNRPD was considered off campus.

Senator Blair said since it is such short notice, they should work on getting those bigger services at a different time especially because they are already working with three or four departments. This event being planned is Wellness while those groups would fit more into Safety.

Senator Bradley said that the Counseling Services page has an outreach form that they can fill out and ask them to come that way. She will still talk to them in the next couple days.

b. Discussion on Supporting Public Lands Day

Senator Blair said it was discussed during Oversight that there is an event coming up next Monday for Public Lands Day that will be about sustainability and taking care of the land. She knows that Director Rodriguez wanted the committee to take that over so Senator Bradley had been looking into that a little bit.

Senator Bradley said that she is still waiting on the contact from Senator Jackson but she should get it soon. She is on the website now seeing if they are doing anything in the area. She wanted to do a community service type of thing by going and cleaning public lands because Nevada is the state with the largest amount of public lands. The government owns 87% of the land. She thought that Rancho San Rafael could be public land so they could volunteer to clean that up one day. They are still looking into it but it should be a quick kind of thing like how Constitution Day was done.

Senator Blair said that if they didn't want to do a full event because of the short time frame they can tell people about it because it is going to be next Monday. Maybe they could do something like they did on Constitution Day where they can be out in front of the Knowledge Center and have a big board that asks what the people know about public lands and inform people about it. They could bring environmentalists out too.

Senator Crooks said she is confused as to what the day is for. She asked if it was for conserving public lands. She also asked if public land was all the land that the government owns.

Senator Blair said that was all correct for the most part. This is short notice and they only found out about it last week so there really is no set idea of what they want to do.

Senator Bradley said she was on the National Public Lands Day itinerary. There are no places close to Reno where they are having an event. There are some in Gerlach but they could do an informational day in front of the Knowledge Center.

Senator Jordan said that they are all work projects so they could get one if they do think that Rancho San Rafael is a public land or they would choose something else like around the N. They could organize that as a public works project and then let people know so that they can post that as a works project or contact them to see what it takes to have the event registered as an official Public Lands Day project.

Senator Blair said they also adopted Dick Taylor Park and they cleaned that a little while ago.

Senator Barragan said that was City of Reno.

Senator Blair asked if it was only ASUN that did that.

Senator Barragan said yes.

Senator Blair said they should look into Rancho San Rafael to see if that could count as public lands clean up and they could put it on Give Pulse and online. They can see if Inkblot can do an online presence really fast.

Senator Crooks asked if they could do everything by Monday.

Senator Blair agreed that it was a short amount of time. She said that if they only aim to get something on Give Pulse and had five people that showed up, even if it was them, they could post something about it and start a campaign for SSW so that people would know more about the committee. A small event could even get the ball rolling with the committee.

Senator Barragan said that as for the park cleanup, Nevada Environmental Club does a lot of those and it is kind of their thing. It was started by past Senator Surantas. They went out to Truckee and did a cleanup and they did one downtown by the river as well. He is sure they would be open to help.

Senator Blair asked if the committee wanted to do anything outside of the Knowledge Center to let people know what they are doing and to have a social media presence.

Senator Crooks said no because she didn't think they would be able to table. It would be hard to table with such short notice because people won't want to drop their plans right on the spot to do the cleanup.

Senator Blair asked if they still wanted to do a social media presence because it looked like no one was in favor of a physical presence.

Senator Crooks asked if Senator Blair meant that they table so that people can post on social media about the event to their friends.

Senator Blair said yes.

Senator Barragan said they could see about Inkblot giving over the ASUN Snapchat so that they can post on that.

Senator Macaballug asked if Senator Barragan could talk about the Snapchat account when he talks to Director Moore today.

Senator Barragan said he could also post it on the Facebook page.

Senator Blair said Senator Macaballug was talking about Snapchat

Senator Barragan said he misunderstood what they were talking about but that was fine. He said that would be Director Long that they would have to talk to for that.

Senator Blair asked if anyone was going to be speaking to Director Long any time soon.

The committee members said no.

Senator Blair asked if anyone would like to talk to him about this.

Senator Jordan said he would talk to him about that. He said that they also need to talk to Ranch San Rafael.

Senator Blair asked if anyone would like to talk to them and to do a Give Pulse page. She said that she would do the Give Pulse page and talk to Director Ayard about that.

Senator Bradley said she is trying to figure out if it is a public land before they contact anyone. She said she was looking on the website to see which public lands are near Reno. All around Reno is a national forest and Sun Valley also has a lot of public land near there.

Senator Blair said that maybe instead of cleaning a park, they could go and work there by talking to people about the proper way to take care of the public land. They can have it on social media that way rather than trying to find some place to clean up out near Lemon Valley. That seems a bit impractical, especially if they don't have the right to be there. Cleanup could be considered trespassing and she doesn't think they have enough time to get approval for that.

Senator Crooks asked if they could just do something for social media while they table.

Senator Macaballug said they could as a committee go out with a couple people and take pictures and then post those. That would show that the committee is getting out there to do things.

Senator Blair said that they could take an hour or two on Monday to go out with a couple of people and take pictures then post them on social media with Public Lands Day hashtags. They could do #SSW and #iheartpubliclands.

Senator Macaballug said they could have someone hold up a sign that says "I Love Public Lands".

Senator Blair said they should get together with the Environmental Club so that they can have an outreach with that and they can also have a few more people.

Senator Duvall asked what time they would have the meetup.

Senator Blair said that she will send out a Doodle Poll amongst the committee and she will also talk to the Environmental Club to see when works for them as well. Since they are not doing a widespread event, they don't need to do a widespread poll and they can limit it to what the committee's schedule looks like.

Senator Bradley said she just looked at her calendar and this weekend is the Truckee River cleanup so they can tag along with that organization instead of doing a separate event. It is also CABNR Field Day so they could go there.

Senator Blair asked if it was Saturday.

Senator Bradley said it is Saturday from 9:00 AM to 12:00 PM.

Senator Blair said that she can't go to the cleanup because she will be working at CABNR Field Day and Senator Barragan can't go either so she thinks they should still do a quick thing on Monday. That also gives them a little more time to prepare. If anyone would like to go to the cleanup and post something on social media, that would be great.

Senator Jordan said that if they had even one representative go, they could take pictures and videos that could be presented on Monday.

Senator Blair asked if he meant for them to start that before they start on their project.

Senator Jordan said that would show that they did a couple things over the weekend so the frame of reference is public lands for that whole time.

Senator Blair said that was perfect.

Senator Duvall said that she could go.

Senator Blair asked Senator Bradley how Senator Duvall can get in touch with the people planning the event to tell them that she is going.

Senator Bradley said she would get her the information because she is not entirely sure. Her calendar doesn't have all the information. She said she thought the information came from the Environmental Club.

7. PUBLIC COMMENT

There was no public comment at this time.

8. ADJOURNMENT

Senator Blair adjourned the meeting at 3:52 PM.